



TRIP DETAILS - GUIDE SCHOOL

Upper and Lower Kern River

<p>TRIP MEETING TIME: 9:00am <i>(Please arrive 20 minutes early)</i></p> <p>MEETING SITE: Whitewater Voyages' Kern Outdoor Center 11316 Kernville Road Kernville, CA 93238</p> <p>Parking Instructions: Parking is available on Kernville Road and we have a parking lot inside Frandy Park Campground. Frandy Park charges a fee of \$8.00 per car/per day for parking (fees for RV's and buses are higher). Whitewater Voyages does not own or operate Frandy Park and has no control over parking fees. For further parking information or reservations, you may contact Frandy Park at (760) 376-6483. We are inquiring about parking passes for Guide School students.</p>	<p>RESERVATIONS OFFICE: Whitewater Voyages' Sequoia Outdoor Center P. O. Box 375 11316 Kernville Road Kernville, CA 93238-0375 Phone: 1-800-400-7238 Email: fun@whitewatervoyages.com Website: www.whitewatervoyages.com</p> <p>LOCAL WEATHER AT RIVER: www.weather.com Zip Code 93238</p> <p>WATER FLOWS: www.dreamflows.com</p>
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DIRECTIONS TO MEETING SITE

A. In Bakersfield, on Hwy 99, is where you'll connect onto Hwy 178 East toward Lake Isabella

From the South (L.A., O.C., San Diego):

From Interstate 5 connect onto Hwy 99
Exit 26A eastbound onto Hwy 178 / Rosedale Hwy

From the North (Fresno, Merced, San Joaquin):

From Hwy 99 exit 27 onto Golden State Ave 204
Golden State Avenue becomes a surface street for a few blocks through downtown—stay in your right-hand lanes and watch for the Hwy 178 onramp on the right-hand side

B. After connecting onto Hwy 178 East, follow directions below...

1. On Hwy 178 East go approximately 50 miles (a significant portion of 178 is a curvy, two-lane canyon road—drive carefully and use the turnouts!)
2. Exit Hwy 155 / Kernville.
3. Turn left off exit and go approximately 10 miles—you will pass through Wofford Heights about halfway to Kernville.
4. In Wofford Heights Hwy 155 cuts off to the left—do not turn at that point—instead stay right/straight towards Kernville.
5. You are near Kernville when you pass the golf course on the right.
6. Shortly after the golf course the road will curve right—you will start to see small businesses and the river will be on your right.
7. Immediately at the end of the "bridge" that crosses the river turn right into Frandy Park Campground.
8. When entering Frandy Park, after paying parking fees, follow signs directing you to Whitewater Voyages

Note: In the event that Highway 178 from Bakersfield to Lake Isabella is closed, you may take Highway 58 East to Highway 14 North to Highway 178 East to Lake Isabella to Sierra Way (a right turn).

HELPFUL INFORMATION

Please read the following attachments in your email:

- Lodging Info
- Kern Camping Info
- Trip Description (trip specific)
- Other Things To Do
- Trip Photo Info
- Pre-Trip Guest Info
- What To Bring On A Rafting Trip Guidelines



TRIP DETAILS - GUIDE SCHOOL

Upper and Lower Kern River

COURSE OVERVIEW AND AGENDA

DAY ONE

- Arrive and check in 15 minutes before meeting site/time specified above
- Complete your Electronic Release Form at trip check-in
- Instructor and student introductions
- Course Overview administered by Whitewater Voyages' Lead Instructor
- Rafting gear issued (life vest, helmet, wet suit-if needed)
- We are all transported to river
- Safety talk administered and Course begins
- Enjoy midday lunch (full day trips) along river's edge

SUBSEQUENT DAYS

- Arrive and check in at meeting site/time specified
- We are transported to river
- Course continues
- Rafting multiple sections on Upper and/or Lower Kern
- Enjoy midday lunch (full day trips) along river's edge
- End day three, we will see you next weekend
- At the conclusion of the full course, a review of things to continue working on will be given and interviews for employment can be conducted at that time

The natural formation of the Upper Kern River is such that a long, continuous run is not possible...it is run in sections that require multiple put-ins and take-outs. The Lower Kern River is a 21-mile continuous stretch, in which we break up into two days: the Class II-III "*Jungle Run*" section and the Class III-IV "*Big Water*" section. If water flows permit, we will cover most sections of the Upper and Lower Kern River.

WETSUITS

Wetsuits are provided for use as needed on a complimentary basis. You will need one! We encourage students to bring their own wetsuit or dry suit. You will be getting wet often & you will likely get cold, so bring warm layers.

Wetsuits are typically required through May. Occasionally, cool weather occurs after May in which case a wet suit may be needed.

Wetsuit size requirements are determined at trip check-in.

- Wetsuits provided are 3mm neoprene "Farmer John" style
- Nylon paddle jackets (similar to a rain jacket) are provided with wetsuits; however booties are not—please wear sturdy, secure-fitting *shoes* and wool socks
- Wetsuits should be worn over bathing suit, lightweight non-cotton shorts or polypropylene long underwear
- We recommend wearing shorts over your wet suit to help prevent slipping on the raft



TRIP DETAILS - GUIDE SCHOOL

Upper and Lower Kern River

MEALS

Full-Day Trips: Whitewater Voyages will provide lunch and snacks all six days of instruction. Lunch along the river typically consists of deli-meats sandwiches vegetables, fruit, cookies and punch. Participants are responsible for their own breakfast and dinner arrangements throughout the term of the course.

Vegetarians usually find sufficient accommodation; however, special needs requests are accepted through our main reservations office.

CAMPING & LODGING

Participants are required to make their own camping and/or lodging arrangements. We recommend Frandy Park Campground as a first choice for camping, as your daily meeting place, the Kern Outdoor Center, is only a short walk from your campsite. Please see the following attachments:

- Kern Lodging Info
- Kern Camping Info

Our office is available to offer information as to available campsites and answer any other questions prior to your arrival.

ALCOHOLIC BEVERAGES

Please understand that alcohol is strictly prohibited the morning of your trip & while rafting. You may bring a reasonably sized cooler to camp; but choose moderation.

PERSONAL GEAR

Please see the following attachments:

- Pre-Trip Check List (the bare basics to bring on the raft)
- What To Bring On A Rafting Trip Guidelines (for your entire trip)

DO NOT wear sandals/flip-flops while rafting - you must wear shoes that have laces or water shoes/sandals that securely strap around your ankle.

Do not take your car keys (AAA does not always service Kernville the same day) or anything of value to you on the river as there is a likelihood it may not return with you. We have a very small safe we will lock your keys in for you, but no lockers. **Note:** Whitewater Voyages cannot be responsible for items left in your car.

Note: we have a small store on-site where you can buy last minute "must-have" items for your convenience and the largest selection of Whitewater Voyages memorabilia.

Thank you for rafting with Whitewater Voyages...we hope you have a great time!



TRIP DESCRIPTION – GUIDE SCHOOL

This year, we are going to run the six-day course over two consecutive three-day weekends. The class will meet at 9:00am on the date specified in your confirmation email at our Kern Outdoor Center (KOC) in Frandy Park; along the Upper Kern River in Kernville. We will conclude on the date specified in your confirmation email at the same location.

The objective of the course is to instill participants with the skills needed to execute the art of whitewater rafting on Class III and IV whitewater, with the overall goal of imparting the base skill set needed to be a competent River Guide on the Kern River. The six days are jam-packed with information and seminars on the art of reading water, the concepts associated with river hydrology, paddle captaining, and Swiftwater Rescue methods and techniques. Our instructors are seasoned veterans with intimate knowledge in all of the subjects taught. The course is designed to be thorough, but is taught in a non-competitive, fun atmosphere. Many life-long friendships have been forged over the course of these classes.

Participants are outfitted for the course when they meet the morning of the first day. Wetsuits, paddling jackets, lifejackets, and helmets are provided for the duration of the course. Students can use their own wetsuits but will need to wear one of our lifejackets to participate.

Whitewater Voyages will provide all of the gear, rafting equipment, and transportation to and from the river for each student along with a hearty lunch each day. Participants are responsible for making their own dinner, breakfast, and camping or lodging arrangements.

The Kern River provides the ideal training ground for river guides. Those that complete the course come away with an enviable skill set that provides an excellent foundation that is the basis for guiding commercially for Whitewater Voyages or any other rafting company in the country. It also provides a fabulous skill set that private boaters can rely on when guiding on their own.

In addition to the informational sheet on the course, I've also provided information on Camping, Lodging, and Dining Out here in the Kern River Valley for your review.

A \$250.00 non-refundable deposit is due within 10 days of placing your reservation. The balance is due 30 days prior to the first day of instruction.

Feel free to give us a call if you have any questions about the course or should you like to reserve your space. Our office hours in March are from 9:00am-5:00pm Monday – Friday, however, should you need to leave a message during off hours, we are usually able to get in touch with you in short order.

Thank you for joining us on our favorite river this season!



PRE-TRIP GUEST INFORMATION

What Can I Bring? What Do I Need to Leave Behind?

WATER? Yes! Hydrate! A communal One Gallon jug is provided on each boat for refills, however, you should **Bring Individual Water Bottles** to fill with water. We have some nice ones available for purchase at our check-in locations.

HATS? Yes! You can wear them under your helmet. We sell hat clips at our check-in locations.

GLASSES? Yes! You can remove glasses, or if you bring them, bring or buy retention straps (Chums). Available for purchase at our check-in locations.

SUNSCREEN? Yes! You should use it! Lather up before, then bring just one big bottle to share for your raft group. We will put it in the Ditty Bag (the mesh bag we carry on the boats). **PRO-TIP:** don not put any sunscreen on your forehead or the back of your thighs.

SHOES? Yes! Sneakers are best; sandals are OK but must have ankle strap. No Flip Flops or Bare Feet! We have booties for rent at our check-in locations.

VALUABLES? No! Remove and don't bring anything you wouldn't want to lose in the river (phones, rings, watches, etc.). You can lock valuables and cell phones in your car.

KEYS? No! Lock your car and drop keys in our key box. We will keep it safe in our safe. Note that AAA sometimes cannot make it out the same day to retrieve keys locked inside vehicles.

DITTY BAGS: Ditty Bags (mesh bags on rafts for sunscreen and personal water bottles only) will be on each raft. Please remember anything you bring with you *will get wet*.

RESTROOMS: Portable toilet facilities are located at our check-in locations. There are none available on the river.



WHAT TO BRING ON A RAFTING TRIP

ESSENTIALS

- Everything on your Pre-Trip Additional Info list - your water bottle, sunscreen, sunglasses/Chums, shoes, hat. Your loose items will go into the Ditty Bag on the boat. The Ditty Bag does not seal, but it does have a synch strap closure. Do not put sunscreen on your forehead, as splashes of water on the river will cause it to run down into your eyes and that will sting. Do not put sunscreen on the backside of your legs, as this will act as a slipping agent and will make it very easy for you to have a wild ride and slide out of the boat.
- **Change of Clothes.** We have changing stalls available for you to get into dry clothes at the end of your trip.

MEDICAL CONDITION ALERT

- **Bring your own medication.** If it is something you may need immediate access to, such as conditions in which you are susceptible to anaphylactic shock from bee stings, allergies, etc., please notify our Reservations Office and your Trip Leader and we will make sure it is put in the First Aid Kit on the raft for easy access.
- If you have a medical condition, any physical restrictions or limitations, please let our Reservations Office know in advance, as this will help us prepare for you to have the best experience upon your arrival.
- Our staff is prepared to provide basic First Aid, but we are prohibited by law from providing, and we are not trained to, administer medications or advance medical care.

CLOTHING GUIDELINES

Spring and Fall (before June and after September):

- **Warm Clothing**
Warm clothes made of non-cotton fabrics such as wool, synchilla, polartec, fleece, capilene, polypropylene and similar materials which insulate well even when damp. Cotton when wet retains all the water and does not insulate, therefore making you colder on the river! Wool or neoprene socks/booties will keep your feet toasty!
- **Wetsuit and/or paddling jacket**
If needed, wetsuits and paddling jackets (like a rain jacket but without the hood, made for rafting) are available for a nominal fee. You may want to bring your own, just make sure you have ample flexibility so you can do your best paddling. We recommend wearing board shorts over your wetsuit, so you are less likely to slip out of the boat.
- **Gloves**
Gloves are not usually worn during the colder months, but if you feel the need to bring them, we recommend 0.5mm neoprene or some water ski/cycling gloves.
- **Shoes**
We require you to wear footwear that is secured to your foot. We recommend shoes with laces, however, any type of footwear that you can wear in the water which has a strap to go around your ankle to secure you it on to your foot will suffice. You will be getting on and off the raft, so footwear with a solid outsole will be good for managing those rocks and making quick movements.

Summer and anytime (June through September):

- **Swimsuit and board shorts**
We recommend wearing board shorts, so you are less likely to slip out of the boat.
- **Rash guard or sun top**
Even wearing a thin, non-cotton, UPF hiking shirt will provide you the ultimate sun protection.
- **Hat/visor**
A baseball/trucker cap is the best style to wear under the helmet we provide you. We have hat/visor clips for sale at our store.
- **Sunglasses**
If you're wearing a hat, sunglasses may not be necessary. But, if you are going to wear glasses, be sure to wear retainers like Chums or Croakies so that you don't lose them if you go swimming, and most of all so that you are not polluting the river when they sink to the bottom.

OPTIONALS

- **GoPro/Waterproof Camera**

We have several helmets with the GoPro sticker pad on them for your convenience. You will need to bring the screw & the part that slides into the helmet & locks in place. Whitewater Voyages cannot be responsible if you lose your camera. If you have a strap that you can tie your GoPro to your helmet, we recommend you bring that as well, as sometimes the impact of a wave will knock it off your helmet. You will be using your hands most of the day, so a hand-held GoPro may not be the best choice.

MULTI-DAY TRIPS

- **Sleeping Bag/Pillow**

Nights in the spring and fall can be chilly to some at 50 degrees Fahrenheit, but in July and August, nights can be warm at 70 degrees. You can also rent a sleeping bag from us if you notify our Reservations Office in advance.

- **Sleeping Pad**

We have plush sleeping pads called Paco Pads from NRS/Aire at our Lower Kern Camp, so you may decide to leave yours behind. However, for our multi-day Wild and Scenic trip, please bring your own sleeping pad or you may rent one from us if you notify our Reservations Office in Advance.

- **Headlamp/Flashlight**

We have small solar lights around the kitchen area, but not on the Wild and Scenic section. A headlamp is like a flashlight on your head that makes getting around in the dark easy with your hands free.

- **Chair**

We have plenty of chairs available at our Lower Kern Camp, however, if you have an amazing chair you love, bring it.

- **Tent**

Most people prefer to sleep in the open air as to enjoy the night sky of stars that usually aren't visible in the big city. But if that isn't your groove, bring a tent. Check the weather and see if rain might be in the forecast. You can also rent one from us if you notify our Reservations Office in advance.

- **Bug Spray**

During the springtime, mosquitoes are out to play, but in the heat of the summer, their numbers drop drastically.

- **Drinks/Coolers**

We have plenty of punch, juice, and food available. If you'd like to bring alcohol for the evening time, feel free to stock and bring your own cooler, but choose your poison wisely, as you have an action-packed day on the water the next day.

- **Reading Material**

- **Music/Cell Phone**

We highly recommend you **DO NOT** take these items on the river with you, (these are very expensive items) but we do recommend you pack them up & send them to camp. There is no cell phone reception almost everywhere on your trip.

- **Toiletries**

We have non-flushing toilets (porta-potty or groover) on all our trips.

- **Lip Balm**

- **Plastic Bag**

To store your wet clothes in.

- **Dry Bag**

For our Wild and Scenic trips only, as your gear will go on the raft with you. For our Lower Kern trips, your personal gear is brought down to Camp in our trailer.

- **Hammock**

There are trees around for hammocks. Please bring the appropriate strap to protect the tree bark.



KERN LODGING INFORMATION

Here is a list of lodging facilities in the area. Contact the motels directly for rates and availability.

Kernville

Falling Waters (<i>pets ok</i>) <i>Guests of Whitewater Voyages get 10% off their stay at Falling Waters. Call to inquire about the discount and availability.</i>	15729 Sierra Way (2.6 miles away)	(760) 376-2242
Kern Lodge (<i>pets ok</i>)	67 Valley View Drive (0.2 miles away)	(760) 376-2223
Piazza's Pine Cone Inn (<i>pets ok</i>)	13383 Sierra Way (0.3 miles away)	(760) 376-6669
Kernville Inn <i>Guests of Whitewater Voyages get 10% off their stay. Call to inquire about the discount and availability.</i>	11042 Kernville Road (0.2 miles away)	(760) 376-2206
Whispering Pines	13745 Sierra Way (0.6 miles away)	(760) 376-3733
Riverview Lodge	2 Sirretta Street (0.2 miles away)	(760) 376-6019
Kern Riverview Inn	101 Kern River Drive (0.2 miles away)	(760) 376-1396
Kern Riverfront Lodge	113 Kern River Drive (0.2 miles away)	(760) 376-1396
Sierra Gateway Cottages <i>Guests of Whitewater Voyages get 10% off their stay. Call to inquire about the discount and availability.</i>	13512 Sierra Way (0.5 miles away)	(760) 223-6269
Sequoia Lodge <i>Guests of Whitewater Voyages get 5% off their stay. Call to inquire about the discount and availability.</i>	16123 Sierra Way (3.1 miles away)	(760) 376-2535

Clean Getaways manages many AirBnBs in the Kern River Valley. Visit www.airbnb.com/p/cleangetawaykernrivervalley

North of Kernville

Allow 20-30 minutes for travel time to our meeting place

Corral Creek Resort	Mountain Hwy 99 (9 miles away)	(760) 376-3601
Johnny McNally's Fairview Lodge	Mountain Hwy 99 (15 miles away)	(760) 376-3601

Wofford Heights

Allow 10 minutes for travel time to our meeting place

Barewood Inn	7013 Wofford Heights Blvd (3.8 miles away)	(760) 376-1910
Lakeshore Lodge	7466 Wofford Heights Blvd (3.8 miles away)	(760) 376-1910

Guests of Whitewater Voyages get 15% off their stay at BOTH LOCATIONS. Call to inquire about the discount and availability.

Lake Isabella

Allow 20 minutes for travel time to our meeting place

Paradise Cove Lodge	10700 Highway 178 (15.5 miles away)	(760) 379-2719
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Bakersfield

Allow one hour & 15 minutes for travel time to our meeting place

Doubletree by Hilton	3100 Camino Del Rio Court (53.9 miles away)	(661) 323-7111
Courtyard by Marriott	3601 Marriott Drive (54 miles away)	(661) 324-6660

Guests of Whitewater Voyages receive a discount. Call to inquire about the discount and availability.



KERN CAMPING INFORMATION

Privately Owned Campgrounds

Frandy Park – 11252 Kernville Rd, Kernville. 92 family units, trailers up to 70'. On-site host; restrooms, showers, dump station, water; pets ok (\$4/night no pit bulls or pit bull mixes). Electric/water hook-ups available. Summer rates are \$45-\$122/night; holiday rates are \$51-\$124/night. Open year round. Call 888-372-6399 or visit www.frandy.net for information and reservations.

Camp Kernville – 24 Siretta Street, Kernville. 49 family units, 18 pull-thru sites for trailers up to 45'. On-site host; restrooms, showers, laundry facilities, dump station, campfire rings, water; some pets ok. Full hook-ups available. 3 night minimum stay through summer, 4 night minimum stay on holiday weekends. \$55-\$115/night. Open year round. Call 760-376-1000 or visit www.campkernville.com for information and reservations.

Camp James – 13801 Sierra Way, 1 mile north of Kernville. On-site host; restrooms, showers, wi-fi, firewood, ice, ATM, cable tv; some pets ok (fee/night) Full hook-ups, sewer available. RV and cabins rentals available. \$47-\$365/night (more than 2 people may be additional fee). Open year round. Call 760-376-6119 or visit www.krsrvresort.com for information and reservations.

Rivernook Campground - Sierra Way, 1 mile north of Kernville. Trailers up to 40' with full hook-ups available. On-site host; restrooms, newly remodeled showers, water, firewood, ice, free premium wi-fi, general store & beer cave, pets ok. \$40-\$60/night. 4 night minimum stay June through September unless you call 10 days in advance. Open year round. Call 760-376-2705 or visit www.rivernookcampground.com for reservations and information. Guests of Whitewater Voyages receive 10% off their stay.

Kern River's Edge – 15775 Sierra Way, 2.6 miles north of Kernville. 10 RVs up to 40' with power. 45 tent sites. On-site host; restrooms, coin-showers, water, concierge service for firewood/ice, games & amphitheater. 2-night minimum stay, 3-night minimum on holidays. \$60-300/night. Pets ok \$10/day/pet fee. Open year-round. Call 760-376-6553 or visit www.kernriversedge.com for reservations and information.

KOA – 15627 Highway 178, Weldon, CA 93283, 15 miles southeast of Kernville. Pull-thru RV up to 60' sites, tent sites and 1-2 bedroom cabins. On-site host; restrooms, showers, water, firewood, ice, camp kitchen, pool, game room, wi-fi, general store and pub. Full hook-ups available. \$35-\$90/night. Open May 1st – October 1st. Call 760-378-2001 or visit www.koa.com for reservations and information.

Forest Service Campgrounds

These recreation areas operate under a concessionaire program with California Land Management. Reservations can be made for the developed fee campsites by calling the National Recreation Reservation Service at 877-444-6777, or on-line at www.recreation.gov. For further information, please contact the Kernville Ranger Station at 760-376-3781. All campsites are \$30-\$200/night; \$7-10 each add'l vehicle.

Upper Kern

Camp 3 – 5 miles north of Kernville. Paved road; 50 family units; Trailers up to 30'; host; toilets, water, drinking water, campfire rings; pets ok. Elev 2800 ft. Supplies at Kernville, Riverkern. Open May - Sept.

Headquarters – 6 miles north of Kernville. Paved road; 44 family units. Trailers up to 27'; host; toilets, water, drinking water, campfire rings; pets ok. Elev 2800 ft. Supplies at Kernville, Riverkern. Open year round.

Hospital Flat – 6.5 miles north of Kernville. Paved road; 32 family units, 1 w/ ramp. Trailers up to 30'; host; toilets, water, drinking water, campfire rings; pets ok. Elev 3000 ft. Supplies at Kernville, Riverkern. Open May - Sept.

Thunderbird – 6.5 miles north of Kernville. 3 group campsites. Toilets, water, campfire rings; pets ok. No drinking water. Elev 3000 ft. Supplies at Kernville, Riverkern. Open year round.

Goldledge – 10 miles north of Kernville. Paved road; 33 family units. Trailers up to 30'; host; toilets, water, drinking water, campfire rings; pets ok. Elev 3200 ft. Supplies at Fairview. Open May – Sept.

Fairview – 13 miles north of Kernville. Paved road; 48 family units. Trailers up to 45'; host; toilets, water, drinking water, campfire rings; pets ok. Elev 3500 ft. Supplies at Fairview. Open April – Nov.

Limestone -19 miles north of Kernville. Paved road; 22 family units. Trailers up to 30'; first come, first served. Toilets, water, campfire rings; pets ok. No drinking water. Elev 3800 ft. Open April – Nov.

Lake Isabella

Live Oak – Hwy 155, across the road from Isabella Lake. 1 group site (max 100 persons), 30 family units. Tents only. Toilets, campfire rings, water, showers; pets ok. Supplies at Lake Isabella. Open May – Sept.

Tillie Creek – Hwy 155, Wofford Heights. Paved road; 3 group sites (1 wheelchair access.), 73 family units. Trailers up to 45'. Toilets, campfire rings, dump station, showers, playground; pets ok. Supplies at Wofford Heights. Open April – Oct.

Camp 9 – Sierra Way, 5 miles south of Kernville. Paved road; 11 group sites (tent only, some first come, first served), 100 family units; some first come, first served. Toilets (some flush), drinking water, campfire rings, boat ramp. Supplies at Kernville. Open year round.

Boulder Gulch – Hwy 155. 58 family units. Trailers up to 30'. Host; flush toilets, campfire rings, water, drinking water, playground, showers; pets ok. Supplies at Wofford Heights. Open May – Sept.

Lower Kern

Sandy Flat – Old Kern Cyn Rd, 15 miles southwest of Kernville. 33 family units. Host; toilets, water, drinking water; pets ok. Supplies at Lake Isabella, Bakersfield. Open April – Nov.

Hobo – Old Kern Cyn Road, 17 miles southwest of Kernville. 35 family units. RVs up to 22', no trailers. Currently Day Use Only; keep checking back for opening of overnight use. Vault toilets; pets ok. No water. Supplies at Lake Isabella, Bakersfield. Open May – Sept.



DINING OUT AROUND THE KERN RIVER VALLEY

Here is a list of the restaurants our staff recommends for our rafting guests. Enjoy!

Breakfast/Lunch

The Cracked Egg/That's Italian

9 Big Blue Road
Kernville, CA 93238
(760) 376-6020
Great Little Breakfast Place

Cheryl's Diner

11030 Kernville Road
Kernville, CA 93238
(760) 376-6131
Kernville's Oldest and Best Diner

Dam Korner

6303 Lake Isabella Blvd.
Lake Isabella, CA 93240
(760) 379-8770
Historic Diner

Dinner

Kern River Brewing Co. (KRBC)

13415 Sierra Way
Kernville, CA 93238
(760) 376-2337
Award Winning Hand Crafted Beer and Food

Ewing's On The Kern

125 Buena Vista Drive
Kernville, CA 93238
(760) 376-2411
Best Dining View in Town

Johnny McNally's Fairview Lodge

7300 Kern River Highway
Kernville, CA 93238
(760) 376-2430
AMAZING Steaks and Home of the 40oz Porterhouse

Dick Weed's Brews & Pub

6301 Lake Isabella Blvd.
Lake Isabella, CA 93240
(760) 379-8770
Up and coming

Big Blue Bear

101 Piute Drive
Kernville, CA 93238
(760) 376-2442
Wonderful Hand Crafted Sandwiches, Etc.

McNally's Outpost

11301 Kernville Road
Kernville, CA 93238
(760) 376-2431
McNally's burgers in town - the best burgers in the West

Kern River Ceviche Company

36 CA-155
Lake Isabella, CA 93240
(760) 278-1854
Yes, it really is fresh and delicious!

That's Italian

9 Big Blue Road
Kernville, CA 93238
(760) 376-6020
Best Italian Food in Kern County

Pizza Barn

11401 Kernville Road
Kernville, CA 93238
(760) 376-1856
Great Pizza and Salad Bar

El Rio

13423 Sierra Way
Kernville, CA 93238
(760) 376-3246
The best Mexican food in town

178 Bar & Grill

6107 Lake Isabella Blvd.
Lake Isabella, CA 93240
(760) 379-0178
(The old Shady's)



OTHER THINGS TO DO

Here are some great ideas for hikes, sightseeing and other things to do here in the Kern River Valley:

French Gulch Marina: Rentals of waverunners, pontoon boats, fishing boats, kayak and SUPs. www.frenchgulchmarina.com

Mountain Biking Trails: Remington Ridge, Mill Creek, Keyesville, Unal Trail, Just Outstanding to Wagy Ridge, Dutch Flat, Cannell Plunge, Nelson Trail, Bear Creek

Cannell Trail: The trailhead for the Cannell Trail is about 2 miles north of Kernville. It is an "out and back" trail that offers scenic views of Kernville and the surrounding countryside. I usually hike up to the "Singing Gate", a Forest Service gate that is on a saddle about 1 1/2 miles in. The first part of the hike is uphill, then the trail levels out. The final leg to the gate is also uphill. The roundtrip usually takes about 1 1/2 hours.

<http://kernriversierra.com/bike/cannelllower.html>

Packsaddle Trail: The trailhead for this hike is almost 15 miles upstream of Kernville. It is about a 5-mile Round Trip that leads up over a saddle, down to a creek, and then to a really cool Limestone cave.

http://kernriversierra.com/hike/packsaddle_trail.html

The River Trail: The trailhead for the River Trail (also known as the 4 Mile Trail) is right at the Johnsondale Bridge (about 18 miles upstream from Kernville). This is a relatively level out and back hike along the river. You can hike up to four miles before the trail heads up the mountain. This trail parallels the last four miles of our Class V "Forks of the Kern" run. About 3/4's of a mile in you'll see one of the Class V rapids we run, Carson Falls. If you continue, you'll come across several more beautiful rapids. They're impressive even at low flows.

<https://www.southern-sierra.com/Community/hiking.html>

I'd also recommend the following scenic drive and short hikes in the high country just outside of Kernville. You'll drive up past the Johnsondale Bridge to access these places. The drive is about an hour from Kernville. All three stops are in close proximity of one another.

The Trail of 100 Giants: This is a great, self-guided tour through the Long Meadow Grove of Giant Redwoods. It is impressive (if not awe inspiring), and educational. The last time I was up there, one of the trees had fallen and to view one from a horizontal perspective is a special treat.

<http://www.redwoodhikes.com/SequoiaNM/TrailOf100Giants.html>

Dome Rock: After viewing the Trail of 100 Giants, I'd recommend driving a little further to Dome Rock. You can park at right next to this amazing monolith and stroll right up the back side (super easy walk) to the top where you'll find an amazing view of the High Sierra and the awesome canyon the North Fork of the Kern River has cut through the countryside. You also can't miss seeing The Needles, a group of granite spires not far from your vantage point. You'll see both of these landmarks in the distance on your drive up.

<https://www.hikespeak.com/trails/dome-rock-sequoia-national-monument/>

If you visit the High Country by driving a little further, you will find the ruminants of **The Ponderosa Lodge**. This establishment burnt down in the epic winter of 2023. They have a GoFundMe page to raise money to rebuild. Their phone number is 559 542 2579. Here is the link to the GoFundMe page: <https://gofund.me/71b8e857>

I hope you find this information helpful. Feel free to get in touch with me if you have any questions regarding this information.



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